

LATANYABLACK.COM

SPEAKING AGENT

CIMONE A. BLACK

BOOKINGS@LATANYABLACK.COM

+1 (704) 574-5888

"Hope, growth, resilience, and self-determination are not merely external forces —they emanate from within!" --L. Black



LATANYA BLACK

MEDIA KIT

PUBLIC SPEAKER

2024

Unveiling Personal Empowerment:

Walk Alongside LaTanya Black's Journey from Tragedy to Triumph &

Discover Your Inner Strength Amidst Adversity



Beyond the podium, I am a mother, a woman who knows what it's like to lose a piece of your heart.

I'm LaTanya Black, and I've walked through the darkest valley of grief, losing my precious daughter Nia—my “Niaboo.”

Losing her left a hole in my life that nothing could fill, and there were moments when the pain felt unbearable. I am also a mother of three beautiful adult children and a grandmother of two, and while the grief of losing Nia is something I will carry with me always, my family has been my anchor, my reason to keep going.

I understand what it feels like when the weight of loss leaves you paralyzed, unsure of how to move forward. Grief can be so overwhelming that it clouds everything, leaving you searching for a way out, a way to breathe again. But I've learned that grief and growth can coexist. It doesn't mean the pain goes away, but it means you can still rise, still heal, and still find meaning in the aftermath. I've learned to put family, self-care, and faith first—taking it one step at a time, even on the days when the weight of sorrow feels too heavy to bear.

There are days when the grief feels like it hits me all over again, like a wave that sweeps me off my feet. But in those moments, I pause. I breathe. I sit in the stillness and remember the love, the laughter, and the precious moments I had with Nia. And I remind myself that while she may no longer be physically here, her love, her spirit, and her strength are always with me. That love never dies.

If you are grieving, I want you to know you are not alone. Our journeys may be different, but the pain we carry can bring us together. As I teach, as I share my story, I carry Nia's light with me, knowing that through our pain, there is room for hope, for healing, and for growth. You don't have to walk this journey alone—there is light waiting for you, even in the darkest of moments.

LaTanya Black: A Transformative Journey of Faith, Hope, and Growth in the Aftermath of Trauma

Step into a transformative experience with LaTanya Black, where she goes beyond the traditional role of a public speaker. LaTanya's journey, shaped by the profound loss of her daughter to gun violence, serves as a powerful testament to the indomitable power of faith, hope, and growth.

As your companion in navigating life's intricacies, LaTanya's compassionate approach, coupled with her expertise as a community advocate, skilled life coach, and leadership coaching expert, aims to provide more than just a narrative of pain. Through coaching sessions, self-empowerment practices, advocacy training, and impactful motivational speaking, LaTanya equips your audience with tangible tools for navigating life's hardships and the uncomfortable spaces we encounter.



LaTanya Black: Elevate Your Event with Struggle Well – An Investment in Transformation & Lasting Impact!

“Commit to Overcoming, Reap the Rewards of Resilience and Lasting Triumph.”



LaTanya Black's journey is a profound testament to the resilience of the human spirit. After losing her 23-year-old daughter, Nia, to gun violence, LaTanya transformed her pain into purpose, guided by unwavering faith and the meaning behind Nia's name—“Purpose.” Through her Struggle Well framework, she delivers a prevention-focused program rooted in the science of Post-Traumatic Growth (PTG), equipping individuals and communities to rise above adversity and transform from within.

Partnering with high-stress professions such as law enforcement, first responders, firefighters, and paramedics, as well as community members, healthcare workers, gun violence prevention organizations, faith-based groups, and trauma-informed leaders, LaTanya bridges her personal journey with actionable strategies. She champions self-care, mental health, and reframing adversity, empowering others to embrace their struggles, foster resilience, and find growth in even the darkest moments.

LaTanya Black: Now Available for Keynotes, Panels, Workshops, Interfaith Engagements, Gun Violence Prevention Forums, Podcasts, Webinars, Youth & Community Advocacy Training, Organizational Advocacy Training, and More!



Secure an Engaging Session by Booking Now!



Keynote Speaker



Panel Member



Faith-Based Speaker



Women's Retreats



Community Advocacy



Podcast Guest



Legislation Advocacy



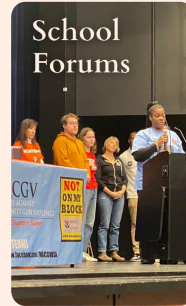
Conferences & Seminars



Advocacy Speaker



Workshop Trainings



School Forums



Healing & Restoration Retreats



As Featured in



Jessica Lacher
Speaking Agent
jessica@latanyablack.com

Bruce A. Corbitt
Consultant
brucewcorbitt@gmail.com



*“Transformative Healing
for Your Audience”*

“Ms. Black is a seasoned public speaker and presenter who is passionate about raising awareness around the essential contributions of community health workers.”

- Cathy Weik, Chair, Board of Directors
Minnesota Community Health Worker Alliance

*"Inspiration, Resilience,
and Joy Reclaimed"*



*Thanks to Mothers Against Community Gun
Violence (LaTanya Black) dedicated to protecting
our children and our communities.*

- Ryan Winkler, Former Majority Leader of the
Minnesota House of Representatives



*“She’s a Mother, Motivator,
Activist & Inspiration. She Pours into others.”*

- Cearah Hamilton, BetterMN



*“The strength and resilience of mothers
(LaTanya Black) are what keeps
communities together.”*

- Mayor Jacob Frey, Minnesota

*“Invest in Transformation,
Experience Lasting Impact”*



PARTNERS, AFFILIATES & CERTIFICATIONS



Beyond her role as a speaker, LaTanya is passionately dedicated to mentoring today's youth, empowering them to become strong advocates for their own safety and the well-being of their communities. She inspires young people to raise their voices for public safety on local and national platforms, equipping them with the tools to create lasting change.

Working alongside legislative partners, LaTanya leads impactful community advocacy and gun violence prevention education, ensuring that youth understand their power to make a difference. Her efforts make her a dynamic force for positive change and a vital voice in the movement for safer communities.

LaTanya Black brings immeasurable value to any event, ensuring that every individual walks away informed, inspired, and empowered to take action for themselves and their communities.

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Notable Public Speaking Appearances

- NY Times
- Guest speaker aside MN State Governor, First Lady, and Lt. Governor, The Steps of the Minnesota State Capitol
- MN State Capitol Rotunda
- Minnesota Community Health Worker Alliance Annual Conference
- MNCHWA Panelist
- Rural MN National Conference
- University of Minnesota Keynote speaker
- University of Minnesota Panelist
- University of Minnesota Law School
- The University of Minnesota Podcast
- MN Normandale College
- Chicago Dental Society
- Philadelphia Public Health Conference
- Washington DC Public Health Conference
- Duluth MN Public Health Human Services
- Essentia Health
- MN Oral Health Care Conference
- Wilder Foundation Webinar Host
- National Gun Violence Walkathon & Community Gatherings
- National Council of Jewish Women Minnesota & Chicago
- Local Radio Stations: MPR News, KMOJ Radio
- News Stations: KSTP,
- Better Minnesota Podcast
- Proverbs Christian Fellowship Church
- Interfaith Alliance
- Advocated and Testified Before the Senate
- The Healing House
- Protect MN
- Cooper High School
- Bancroft Elementary
- Hennepin Health Medical Center (Next Step)

