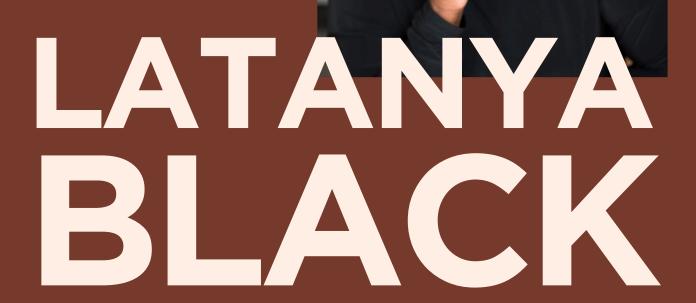
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"Hope, growth, and self-determination are not external forces—they arise from within!" --L. Black



MEDIA KIT

PUBLIC SPEAKER

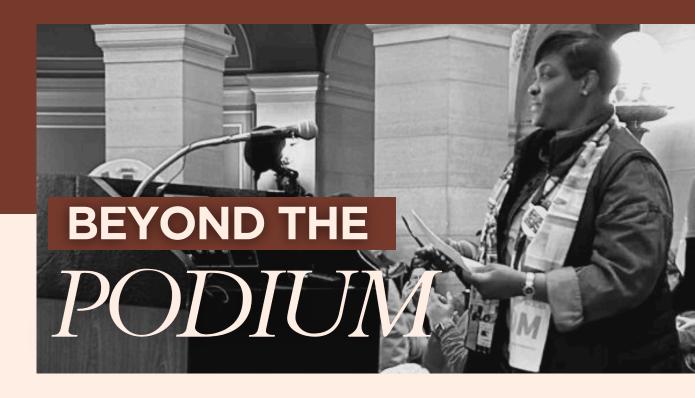
Minister | Life Coach | Consultant | National Gun Violence
Prevention Advocate | Community Leader | Founder of MACGV

2024

Unveiling Personal Empowerment:

Walk Alongside LaTanya Black's Journey from Tragedy to Triumph &

Discover Your Inner Strength Amidst Adversity



"Against all odds: Transform pain into purpose and choose to Struggle Well."

Beyond the podium, I have walked through the darkest valley of grief, losing my precious 23-year-old daughter, Nia—my "Niaboo"—to gun violence. The loss left a hole in my life that nothing could fill, but through faith, my calling as a minister, family, and strength, I've discovered that even in the depths of pain, well-being and growth are possible.

As a minister, life coach, and Struggle Well Certified facilitator, I offer faith-centered workshops, leadership coaching, and interactive sessions designed for individuals and communities rebuilding in the aftermath of trauma. My Struggle Well certification, rooted in the science of Post-Traumatic Growth (PTG), provides a framework that empowers others to transform adversity into meaningful growth.

In my work with first responders, faith-based communities, advocate leaders, and broader communities, I've woven the principles of faith and PTG into a supportive and transformational framework for those impacted by surviving trauma. Through the PTG model, I guide participants across five domains of growth: discovering personal strength, embracing new possibilities, deepening relationships, fostering spiritual growth, and cultivating a greater appreciation for life. These elements were pivotal in my own healing journey, and I've witnessed their transformative power in helping others rebuild and thrive in the aftermath of trauma.

This approach is about more than recovery—it's about rediscovering purpose through faith and transformation, using pain as a catalyst for personal growth. Whether you're a first responder, a leader navigating crisis, or a community member seeking to heal, this work offers a pathway to rise above trauma, restore hope, and embrace meaningful change. Together, we can use the platform of our struggles to reach higher, inspire others, and unlock new possibilities for a brighter future.

LaTanya Black: A Transformative Journey of Faith, Hope, and Growth in the Aftermath of Trauma

Embark on an exhilarating journey of transformation with Minister LaTanya Black, as she transcends the conventional role of a public speaker. Rooted in faith and resilience, LaTanya's journey—shaped by the profound loss of her daughter to gun violence—serves as a powerful testament to the unyielding strength of faith, hope, and growth.

With heartfelt passion, she opens up about her experience navigating life through the lens of Post-Traumatic Growth (PTG), a transformative process that unfolds in the aftermath of trauma. LaTanya's mission is to show that trauma does not have to be the final chapter.

As a minister, compassionate guide, and advocate for well-being, LaTanya brings a unique blend of spiritual insight, community advocacy, life coaching, and leadership expertise. Beyond a story of pain, she delivers hope, empowerment, and transformation to those she serves.

LaTanya equips audiences with practical tools to navigate life's challenges, embrace personal growth, and move through the uncomfortable spaces we inevitably encounter.

Get ready for a transformative experience!



"First Responders & Communities: Struggle Well Prevention-Focused Training Rooted in the Science of Post-Traumatic Growth (PTG)"

Minneapolis, MN Police



LaTanya Black brings the compassionate heart of her lived experience to her collaborations with police officers nationwide, focusing on gun violence prevention and supporting families devastated by tragedy after the murder of her daughter Nia. Guided by unwavering faith and the meaning of Nia's name -"Purpose," which signifies restoring a community to its once greatness-LaTanya has transformed her pain into purpose. She understands the deep complexity of both homicide and suicide, particularly when research shows that 69% of suicides among first responders involve firearms. This connection to her own story fuels her passion to help those in high-stress professions heal and

LaTanya is Struggle Well Certified, with specialized training rooted in the science of Post-Traumatic Growth (PTG). This certification allows her to blend professional expertise with her personal journey, offering powerful strategies to help others not just survive trauma, but thrive. She empowers first responders to tap into their inner strength, manage stress, and heal from the vicarious trauma they experience in high-stakes careers.

The Struggle Well program is specifically designed for first responders—law enforcement officers, firefighters, and paramedics -who face disproportionately high suicide risks and occupational stress. Rooted in PTG principles, the program emphasizes mental wellness and holistic well-being, helping individuals build strength, strengthen family connections, and better serve their communities, creating a ripple effect of positive change.

LaTanya Black: Now Available for Keynotes, Panels, Workshops, Interfaith Engagements, Gun Violence Prevention Forums, Podcasts, Webinars, Youth & Community Advocacy Training, Organizational Advocacy Training, and More!



Secure an Engaging Session by Booking Now!



























As Featured in

MPR **news** The New York Times





KARE StarTribune TwinCities
PIONEER PRESS





"Transformative Healing for Your Audience"

"Ms. Black is a seasoned public speaker and presenter who is passionate about raising awareness around the essential contributions of community health workers."

"Inspiration, Resilience, and Joy Reclaimed"

- Cathy Weik, Chair, Board of Directors Minnesota Community Health Worker Alliance





- Ryan Winkler, Former Majority Leader of the Minnesota House of Representatives

"She's a Mother, Motivator, Activist & Inspiration. She Pours into others."

- Cearah Hamilton, BetterMN



"The strength and resilience of mothers (LaTanya Black) are what keeps communities together." - Mayor Jacob Frey, Minnesota















PARTNERS, AFFILIATES & CERTIFICATIONS































Beyond her role as a speaker, LaTanya is passionately dedicated to mentoring today's youth, empowering them to navigate grief and become strong advocates for their own safety and the well-being of their communities. Through compassionate guidance, she helps young people process loss while inspiring them to raise their voices for public safety on local and national platforms, equipping them with the tools to create lasting change.

Working alongside legislative partners, LaTanya leads impactful community advocacy and gun violence prevention education, ensuring that youth understand their power to make a difference. Her efforts make her a dynamic force for positive change and a vital voice in the movement for safer communities.

LaTanya Black brings immeasurable value to any event, ensuring that every individual walks away informed, inspired, and empowered to take action for themselves and their communities.



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Notable Public Speaking Appearances

NY Times

Guest speaker aside MN State Governor, First Lady, and Lt. Governor,

The Steps of the Minnesota State Capitol

MN State Capitol Rotunda

Minnesota Community Health Worker Alliance Annual Conference

MNCHWA Panelist

Rural MN National Conference

University of Minnesota Keynote speaker

University of Minnesota Panelist

University of Minnesota Law School

The University of Minnesota Podcast

MN Normandale College

Chicago Dental Society

Philadelphia Public Health Conference

Washington DC Public Health Conference

Duluth MN Public Health Human Services

Essentia Health

MN Oral Health Care Conference

Wilder Foundation Webinar Host

National Gun Violence Walkathon & Community Gatherings

National Council of Jewish Women Minnesota & Chicago

Local Radio Stations: MPR News, KMOJ Radio

News Stations: KSTP,

Better Minnesota Podcast

Proverbs Christian Fellowship Church

Interfaith Alliance

Advocated and Testified Before the Senate

The Healing House

Protect MN

Cooper High School

Bancroft Elementary

Hennepin Health Medical Center (Next Step)

